

Sunflower Oracle

Hamilton Kirikiriroa
Edition 2

Wellness Network
Spring 2021



Sunflower Oracle Wellness Network

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Sunflower Oracle
HAMILTON KIRIKIRIROA
is a sister publication to



TAURANGA



RAGLAN

The content of Sunflower Oracle magazines and websites is for educational and informative purposes only and is not intended to serve as medical or professional advice. You should consult your physician, other health care professional and the healer to determine if the modality is suitable for your unique needs.

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Symbolism of the Sunflower

Vicki Shannon



Once upon a time there was a beautiful Greek sea nymph called Clytia and a powerful God called Apollo. Apollo was a splendid God who drove his golden chariot across the sky.

Clytia observed Apollo in all his glory and fell in love with him. Although she was very attractive, Apollo did not love her

took pity on her and transformed her into a sunflower. Even today she continues to turn towards the sun, in order to see her beloved, Apollo.

Created from the depths of a broken heart the sunflower is a symbol of eternal devotion, peace, love and hope. Symbolising longevity in Chinese culture

and as a life giver in Inca culture, the sunflower continues to be revered by people today.

As we publish the Spring edition of the Sunflower Oracle, it is with great pleasure that we welcome Tauranga and the surrounding area to the Oracle network. We look forward to welcoming more areas in the future.

Seeking out the light and holding its head up high, the sunflower is the only flower that turns its

head to follow the sun. The symbol of the sunflower graces the covers of the Oracle because of all the beautiful meanings and representations behind it. The symbol of the sunflower also honours the Oracle's roots, starting out as a small seed in the Raglan community and continuing to grow throughout New Zealand. As a symbol of happiness, its colour lights up even the darkest days. When you look at a sunflower you cannot help but smile.

We wish all sunflower lovers eternal optimism, happiness and peace.



back and took no notice of the poor sea nymph. Every day she turned her head to the sky to watch her love. Her longing and love almost drove her mad. The other Gods

Sunflower Oracle

HAMILTON KIRIKIRIROA

Edition 2, Spring 2021

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& Ronja Skandera

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Infinity Spiritual Centre

Infinity was born in 2006 when Barry took ownership of a books and crystal shop. It was his intention to have a haven for like minded people, somewhere that truth seekers could go, find answers to their questions and be met with understanding and support.

In 2008, Infinity moved to a bigger shop with space to hold classes, films, seminars, concerts and courses. The dream is ever evolving, in 2019 Infinity moved again. There is now even more space for products, healers and classes. As well as a monthly Spiritfest.

2021 brought more changes. Infinity is embracing the age of Aquarius with the addition of Female Energy at the helm.

Barry has been joined by his daughters Amanda and Nina which has brought a new direction and pace. We also have a wonderful team of very gifted healers and readers in store.

There has always been a family dream to provide a space where people can have a relaxed experience, to be able to shop, have a healing and a coffee or bite to eat.



This dream came into reality and ARK Infinity cafe was born. ARK stands for 'Acts of Random Kindness' something we embrace wholeheartedly at Infinity.

So come on in, grab yourself a coffee, healing or gift, or pay it forward with an 'ARK' in the cafe. There is always something new in store, so you never know what treasure or experience you will discover....

Namaste, Barry, Amanda and Nina

INFINITY SPIRITUAL CENTRE

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07 838 1 838

Sunflower Oracle Online Directory

See all the online services available in Lockdown

RAGLAN



Belinda Goodwin - Nia Dance

LOCATION

Raglan

DATE MODIFIED

HAMILTON



Alina - Korum Movement

LOCATION

Hamilton

DATE MODIFIED

TAURANGA



Allan Willoughby

LOCATION

Tauranga

DATE MODIFIED

PLUS! Coming soon to Sunflower Oracle ...
ROTORUA
COROMANDEL

sunfloweroracle.nz/online-directory/

The Healing Power of Sound

Annie Jameson

Annie is a Sound Healer, Crystal Bowl Master, Musician and an Intuitive.

Her love and passion is to create sacred sound with Alchemy Crystal Singing Bowls™ and other high vibrational instruments to bring people into a deeply relaxed centred space.

When the quartz crystal singing bowls are sounded with reverence they invoke a quiet peace that can still our minds and release stress from our bodies, allowing us to relax and be open to receive healing.

Our entire human body down to our DNA is crystalline in structure, causing it to respond and resonate with the extraordinary frequencies associated with quartz crystal.

Each sound healing session is a unique experience as Annie creates a sacred space,



leading you on a journey within to heal mind, body and soul.

Through playing and toning with the crystal bowls she intuitively weaves the exquisite pure tones, bringing your chakras and energy into balance.

Transformation may be experienced on many levels.

Annie also creates music for deep relaxation,

mindfulness and meditation.

“When the bowls themselves sing and resonate, I immediately feel a deep sense of inner stillness, peace and calm”. - L.K

ANNIE JAMESON

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crystalsingingbowlsnz/

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Lady Rainbowheart

Pip Oxlade – Psychic Healing

I believe happiness and success start with you.

Working as an international presenter and author, ThetaHealing and Reiki instructor, practitioner and mentor, my passion in healing enables discerning seekers of light to feel empowered in health, wealth, happiness and love.

Through impactful release I show you how easy you can manifest the necessary changes to achieve your goals by identifying emotional, mental and soulful limitations and building upon core strengths to be the best that you can be now.

I can show you how to create positive change easily.

Connecting with like-minded souls, I have seen that by awakening your senses through positive focus and action you can rediscover who you truly are.

Joy and health are so important and this being my focus and passion; I love teaching the committed, dedicated seekers of light and if you wish to have a small class to upskill in then I could be the mentor for you. I see a learning environment as personal and dedicated to the delivery of quality.

With a wealth of experience in not only ThetaHealing as a teacher I have worked in challenging environments such as Nursing and Midwifery; so know how to look after your specific needs with care.



I just love love love inspiring people in colourful ways to find their best, intuitive, life solution

PHILIPPA OXLADE

Success Mentor, Psychic, Teacher,
Practitioner, Author
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Ātaahua Beauty

Victoria Bramley

Te whakanikoniko i tō mauri rerehua me to toiora.

This is the face that greets you at Ātaahua and a little information about me and where I'm from.

Tēnā koutou - Greetings to all.

Ko Tainui te waka - Tainui is the canoe.

Ko Waipa te awa - Waipa is the river.

Ko Pirongia me Karioi ōku maunga - Pirongia & Karioi are the mountains.

Ko Te Papa o Rotu te marae - Te Papa o Rotu is the meeting house.

Ko Ngaati Maahanga te haapu - Ngaati Maahanga is my people.

Ko Waikato te iwi - Waikato is my tribe.

Ko Victoria tōku ingoa - Victoria is my name.

Mauri ora ki a koutou katoa. Good health and well-being to you all.

Ātaahua – Enhancing Your Natural Beauty & Wellbeing.

Welcome to Ātaahua, a Hamilton clinic focusing on providing quality treatments and traditional Māori Healing.

We provide beauty treatments from head to toe as well as cosmetic tattooing for eyebrows.

We provide holistic wellbeing, Traditional Māori Healing and Māori Rongoā.

At Ātaahua we believe in looking after your 'Body, Mind and Spirit' to look your best at all times. To be Ātaahua is about more than just the way a person looks. It means being beautiful in every sense of the word. That's why Victoria encompasses all three aspects here at Ātaahua.

Victoria is passionate about taking a Holistic approach to your wellbeing and in 2007 trained with a Māori Tohungā



(specialist) and graduated with a roopu (group), 'Nga Tohungā o Hau e Wha'.

She specialises in practising:

- traditional Māori healing (spiritual healing)
- mirimiri/romiromi (massage)
- Māori Rongoā (Māori medicine), how the kikokiko (physical), hinengaro (emotional) and wairua (spirit) world connects to a person's health and wellbeing.

We strictly follow Kaupapa, tikanga and ancient Māori traditions, done professionally, guided to how 'Io' (God) directs me.

Our mission is to provide Holistic Māori healing for all cultures.

Put your wellbeing first and get in touch with Victoria today.

VICTORIA BRAMLEY

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0220645877

Certified Feldenkrais® Practitioner

The Feldenkrais Method® (pronounced FELD-den-krice, rhymes with “rice”) belongs to the field of somatic education.

It uses gentle movement and directed attention to help people learn new and more effective ways of doing what they like. In plain terms, it's an easy way to reduce pain and be more in control; the movements involved are often slow, gentle and safe.

The health benefits are muscular ease, increased vitality, fewer pain meds, but also mental wellbeing and better self-care.

It is taught through group classes (Awareness Through Movement®) or individual hands-on sessions (Functional Integration®).

My journey towards becoming a Feldenkrais®



practitioner started from the desire to help my child who had had a stroke at just 40 days old. While originally I've been looking for ways to support children with special needs and their families, I now love taking care of mums at any stage of their mothering journey. I am also fascinated by all things brain,

and in my work with people living with persistent pain, I combine gentle movement, skilled touch and pain science education.

I teach group classes in Hamilton, including Pregnant Pauses® and Pelvic Floor workshops, and offer private sessions in Gordonton and Hamilton.

ALINA KOMNATNAYA

Member of the Feldenkrais® Guild NZ

Pain science educator

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021 029 439 35

Angela Kerkhof Yoga, Massage, Meditation

An upbeat kinda girl, journeying through life on a spiritual tide. It makes me feel alive to help others be more aware of their limitless possibilities.

I can support you on your journey with:

- Yoga – for all levels and to your body's capabilities
- Guided Meditations – Lunch times and Full Moon meditations
- Therapeutic and Sports massage

Therapeutic and Sports massage has physical, mental and emotional benefits. It will help reduce the effects of long term illnesses, relieve muscle tension, improve clarity, lower anxiety, helps to reduce injury, energizing, and is great for mental health

Massage not only supports muscle repair and decreases risk of injury, but also improves circulation and wards off stress. A good massage can restore mobility to injured muscle tissue and reduce fatigue. This allows you to work harder with more efficiency.

I am looking forward to working with you on your health and wellbeing journey. Please feel free to contact me.

ANGELA KERKHOF

angeblaikie@yahoo.co.nz

022 173 9986

Also at Infinity Spiritual Centre Hamilton



Annie Donald Spiritual Intuitive

The Universe is one step ahead of you. You are at the right place, right now, to seek self-discovery and step up to own your spiritual journey.

It is not a coincidence that you are reading this, at this very moment. It is a wink from the Universe asking you “to open your arms and embrace the mystery.”

I have been connecting with Spirit and divine intelligence for over 25yrs. Spiritual intuitive healing is for the mind, body and spirit.

The guidance and wisdom comes in different forms including, but not limited to, visions, auditory messages, energetic and physical sensations. A conversation between Spirit, you, and I – soul to soul.

During a session I deliver messages to support where you are on your life's path, and to ignite the wisdom and magic of your divine essence.

Intuitive blend sessions:

- 90 minutes Holistic healing package: Energy or Pranic healing plus the benefit of Intuitive Rune reading in one visit.
- 90 minutes Holistic healing package: Energy or Pranic healing plus the benefit of Spiritual Intuitive reading in one visit.

Other services I offer:

- Spiritual Development classes
 - Mindfulness course
 - Holistic Healing
 - Pranic Healing
 - House & Land clearing
 - Rune's reading: means “secret, something hidden” or sometimes “miracle” – present in Old Irish Gaelic, Welsh, and Old English.
 - Knowledge of the runes was originally considered esoteric or restricted to an elite.
- Rune reading is one of the oldest forms of divination, from Nordic and Germanic tribes of Scandinavia and Britain. They are used to help gain insight into situations or questions.

ANNIE DONALD

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instagram.com/quintessence.111/

Also at Infinity Spiritual Centre Hamilton

Abstract Artist, Usui Reiki Master

I'm Candy and I am an Intuitive Reiki Master, Spiritual Life Coach and Abstract Artist. My connection with spirit comes through the inspiration of nature, oracle cards, chakras, music and all forms of creativity.

Through Reiki and Spiritual Life Coaching I blend a balance of structure, energy and creativity to create powerful tools to support you in building a strong relationship with yourself and your own inner guidance.

My work supports heart centred, sensitive souls to transform people pleasing, self-sacrificing, codependent tendencies into personal power, passion and purpose.

As sensitive, empathic souls we often put ourselves last and find ourselves trying to take care of everyone else at our own expense. True leaders/healers must walk the path of liberation first by learning to take care of and prioritising themselves. Then from a place of overflow and nourishment you can step into being of service and supporting others on their journeys in the most aligned and powerful way.

My goal is to liberate you from burnout, reconnect you to what lights up your heart and soul and teach you how to deeply love and accept yourself. From this place, you'll shine your unique light and gifts into every aspect of your life and transform those around you by living as your most authentic self.

If this sounds like you and you're ready to get started, I'm currently offering in person Reiki sessions in Saint Andrews, Hamilton.

CANDY LOVE

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Crystals for Spring

Spring is a magical time of the year. It's the season for new beginnings, rebirth, regrowth, and cleansing. Crystals and gemstones have been used for thousands of years. They are natural energy resonators, each with its own vibrational energy frequency.

Crystals to use this Spring:

Clear Quartz – the most recognized crystal. Use to clear, activate, balance, and purify the energy centres of the body. A healer of negativity associated with one's perspectives and judgments.

Selenite – this powerful crystal quickly absorbs and unblocks any stagnant energy.

Moonstone – A stone for "new beginnings", Moonstone is a stone of inner growth and strength. It soothes emotional instability, stress, and stabilises the emotions, providing calmness.

It's a harmonious stone, with a feminine energy therefore connected to cycles of rebirth and renewal. It helps us to literally and figuratively shed the protective layers that we have been wearing all winter.

Amazonite – is a throat chakra stone that is tied to communication and expression. And now that it is Spring, we are ready to let ourselves shine again like the sun.

Black Tourmaline – is known for its strong protective properties, absorbing negative energy. It's a grounding stone to help you stay connected to the physical world. You can never have too much protection at any time of the year.

All of the above crystals and many more are available at Infinity Spiritual Centre in Hamilton.

Thanks to Amanda for this update.



Selenite – above.



Amazonite – above.

Moonstone – below.



Clear Quartz
– above.

Black Tourmaline – below.



Corrinda Taylor Leadership Mentor

Corrinda is the Leadership Mentor at Future Transcendence, who empowers business leaders to unify their feminine and masculine qualities to thrive in their career, health and relationships.

We are living in a masculine-dominant paradigm and this is causing imbalances for people's health and productivity. People are exhausted and disconnected from their purpose. There is a need for change, for balance, and to embrace the feminine.

Corrinda has worked in corporate for over 17 years, is a certified Level 2 Oracle, Advanced Grace Master Healer and is trained in quantum healing protocols for accelerated life results. Services include:

- Life Purpose Briefing and Blueprint Activation
- Understanding your Name Compatibility with your life purpose
- Relationship Compatibility
- Name Enhancement (change your name, change your game!)
- Baby Name Selection
- Energy Clearing: removal of intrusive energy attachments
- Grace Healing: removal of abusive programming
- Shadow Programming Clearing: removal of vows, agreements and limiting beliefs.

Testimonial

"I found Corrinda's Life Purpose Briefing very insightful and uplifting. Prior to the briefing I felt lost and was on the fence on making current decisions that were presented to me.

"I highly recommend Corrinda, she is highly intuitive, warm and has a genuine interest in your profile."

— Isabella M, Australia

CORRINDA TAYLOR

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FB: @FutureTranscendence
Sessions available via Zoom.

Holistic Psychology with Crystal Foster

I believe every person is a unique expression of creation, and that every part of us is sacred.

The way I work is to walk alongside people as we explore the driving factors behind any mental health difficulties being experienced and address these together.

Since completing Clinical Psychology training in 2012 I have worked with people from all walks of life.

I incorporate mind, body, and emotion focused approaches, and can assist in helping you develop a deeper connection with yourself and your own wisdom through learning how to allow and honour your feelings as they arise with acceptance and compassion. I have also completed studies in the rapidly growing field of Nutritional Psychology. The understandings being brought forth in this area are paradigm-shifting for mental health! Good nutritional intake and absorption can strengthen resilience to stress, increase the ability to focus and think clearly, bring more balance to emotional states, and help improve sleep.

Another way I can assist is to help you develop skills in practicing trauma sensitive yoga and/or mindfulness. Trauma-sensitive yoga allows for the cultivation of peaceful embodiment without necessarily having to talk things through (because not everyone wants to talk). This can be a gentle and powerful way to connect with yourself through your body.

If you would like more info about Holistic Psychology, trauma-sensitive yoga, or group education on Nutritional Psychology or Holistic Mental Wellbeing, please contact me.

CRYSTAL FOSTER

holisticpsychologist@protonmail.com
Insta: @crystal_holistic_psychologist



Holistic healer, Coach and Past life regressionist



Hi beautiful Soul, I'm Crystal and I am a holistic healer and spiritual life coach based in Hamilton where I have a beautiful healing studio that is safe, nurturing, and filled with high vibe energy!

It is a space for you to just come and be, while you feel as though you are being wrapped in love itself.

I work with empaths and sensitive souls who feel, sense and know deeply to rediscover the love, light and wholeness that has been there all along.

I empower you with guidance, tools and practices, as I assist you with your own inner healing as you grow, expand and uncover the truth of who you really are.

My experience and wisdom not only comes from being a healer in many lifetimes before this one but also from this current time where I am trained and certified as a Reiki Master and teacher, past life and inner child regressionist, level 3 crystal healer, and an NLP practitioner.

I am all about empowering and guiding you in rediscovering that you are your own best healer and that you are here for greatness as your love & light within is the strongest of all.

I would love to assist you on your journey, either in person or online. I work intuitively, offering holistic healing sessions, 1:1 programs for adults and children, Past life and inner child regression, workshops & courses.

The light in me sees and honours the light in you and I cannot wait to see you soon.

CRYSTAL LEE

withlove@crystal-lee.co.nz
www.crystal-lee.co.nz
027 486 4875

Diana Innes Psychic Reader

Diana has over 40 years experience in providing readings to guide people in their lives. She is a deep seer and can reflect unseen parts of you back to you.

Diana is a truth seeker and has studied various forms of numerology, syncretism, and galactic life forms. If you are at a crossroads in life, feeling lost and confused about which direction to take, or need clarity on love, work, health or finances, then a reading with Diana will be highly valuable to you.

Diana's services include:

Psychic readings (30 or 60 minutes)

Using several divinatory tools including Tarot



and Oracle cards, and the significance of your numbers and chemicals in this lifetime to decode why you are here. During a reading, messages come through from loved ones and Diana's spiritual team. If you are concerned about energy attachments, Diana

can see these and advise.

Death transition

If you have questions about a loved one who is in the final stages of their life, then Diana can support you because she has first-hand experience of losing her son and supporting him with his transition to the light.

She also supports the Ascended Masters to transition in and out of Earthly life and this is one of her remarkable spiritual talents.

If you need guidance from a supportive and authentic reader with advanced spiritual gifts then book now.

DIANA INNES

diana711@gmail.com
027 313 1747
Sessions via Zoom or Skype

Pranic Applications with Faye Taylor

Faye is a natural health practitioner and a teacher of the Pranic Healing Application non-touch courses held on regular basis around the country. She is passionate about helping others and works from home in Glenview using a holistic approach which works on many levels.



Prana is a vital energy or life force that keeps the body healthy and alive, dealing with physical and psychological ailments and life issues.

The courses held encourage students to learn techniques to work on health concerns and life aspects

for self and distant healings. Pranic Applications is so easy to learn and do for any ages.

What happens when you accidentally burn, cut, bruise, get stung by wasps or bees? Feel a cold coming on, have a toothache, backache, headache, migraine, coughs, colds and other symptoms? This is where pranic apps come to the fore to help in these situations with the many protocols set in place.

The courses cover working with the hands to feel energy, clearing blockages, removing stagnant energy that causes concern, using colour to enhance healings, plus using protocols for many dis-eases as well as finance, relationships, business, fuel economy, grief, farming, pets, animals, pests, tummy and hip tucks, phobias, fears, negative thoughts and emotions, planet healings and so much more.

Benefits are: To be self-confident, have inner peace, create good health, be inspired.

Courses set in Hamilton are:

Apps1: Sep 25/26; Nov 13/14.

Apps2: Nov 27/28.

FAYE TAYLOR

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027 279 7322

In the Zone Healing with Glenys Earle

Glenys is passionate about helping people achieve greater wellness and vitality through her work as an Energy Healer. She believes it is our birthright to experience full health, joy and vitality.

As an energy healer Glenys can work directly to correct imbalances in the various subtle energies, or chi, that flow through and around your body. These energies include the chakras, meridians and aura. She also tunes in intuitively to uncover and release blockages at emotional or soul levels that are the underlying cause of the issue you are experiencing.

Glenys began her training in 2000 with Reiki energy healing, and since then has added ThetaHealing, Eden Energy Medicine, Akashic Records soul reading, flower essence therapy and soul dream analysis to her "toolkit".

These are all tools and techniques that she has learned and used successfully for her own healing journey first. With her original training in Physics, Glenys has a deep understanding of energy from the scientific quantum perspective.

An individual healing session with Glenys typically lasts one hour, and can be in person or online via Zoom. After a healing session clients almost always report feeling happier and lighter, as though a burden has been lifted.

Glenys also runs workshops to help overcome issues such as fatigue, insomnia, stress and anxiety, in which she teaches simple energy medicine techniques that are easily learned and applied.

GLENYS EARLE

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facebook.com/inthezonehealing

027 207 6412



The Oracle's Experience

Chrissie Shirley, Access Consciousness

“We are infinite beings. Thoughts are finite, and they can create limitations”

After a hectic week at work, I arrived at Chrissie's home for my first experience of the Bars. Chrissie tucked me up comfortably on the table, and proceeded to apply gentle pressure at specific points on my head, the back of my neck, and on my face.

She explained to me that each “bar” is a bar of energy going from one side of the head to the other. These energies relate to thoughts, feelings and emotions that we have stored. By releasing these energies we are able to live our lives easier,

both physically and emotionally.

We talked a lot about the Bars during the session, as I was keen to understand what I was experiencing. Chrissie is a very interesting person and she explained to me her personal philosophies, and the philosophy behind Access Bars. By using the Bars, you are letting go of stuck thoughts and feelings. This process allows people to move forward in their lives and let go of the past.

Chrissie explained that Access Bars are beneficial for people who are addicted to any type of substance, and want to move past their addiction; people who have suffered trauma that they wish to let go; and young people who are strug-



gling to find their way in life.

"Receiving the Bars is like going to a counselor but you don't need to talk!" Chrissie says, explaining to me how it was through learning about the Bars that she was able to turn her own life around many years ago, after experiencing terrible tragedy.

"Best of all, this is a therapy that you can learn to do yourself, for friends and family." Chrissie offers courses so that you can learn this skill yourself, and I can tell from speaking with her that teaching others is her true passion.

I left Chrissie's home feeling relaxed, at peace, and with a sense of purpose and clarity. The parting wisdom that Chrissie gave me: "Stop answering questions. Ask questions, but don't answer them. By answering them you are closing yourself off to possibilities. Just ask the question."

Q and A with Chrissie

What services do you offer?

Access Bars, which is a gentle touch. Bars releases the limitations of thoughts, feelings and emotions. The Bars are amazing for children, who get better grades at school, and more confidence.

MTVSS are energies for shifting stuck energy in the neck, shoulders, back, knees and all muscles of the body. People who have not been able to get free of aches and pains in these areas, get miracles. MTVSS is an amazing process for people who have fibromyalgia and many other body issues.

Energetic Facelifts, which are regenerative energies for face and body

Verbal processing which uses Access process-

es and clearings that change many areas of life that are not working, very effectively and very fast. Things such as concussion can be changed using these processes, operations pains, and personal upsets and difficulties. Can be done over the phone.

I offer classes in all these processes so people can learn them and use them themselves, and do it for friends and families.

Why is this work so important to you?

This work has changed my life amazingly, and all over the world people are using Access processes to help them move forward in life, and also become more prosperous. Any of area of life can be changed by using processes and learning a few energy tools.

Could you tell us about how your interest in holistic healing began?

I found the Access Bars when I was desperately looking for something that would help me with the extreme pain of grief.

Who should seek Access Bars as a holistic wellness technique?

Anyone who is looking for a fast way to release limitations and change any difficulties. Anyone with depression or anxiety and anyone who is stuck and wants to move forward in life.

Could you share a mental wellbeing tip with the community?

Anytime you are feeling depressed or stuck try saying "POC" and "POD this." POC stands for Point of Creation and POD stands for Point of Destruction – and it's a bit like the delete button. Keep saying it until you notice a change in your energy.

– Ronja Skandera

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CREATING ATHLETIC ARTISTS



media@sunfloweroracle.nz

Therapeutic Angel

Jan Maunder

Hello, my name is Jan Maunder. I'm a Registered Nurse of 20+ years and a light worker.

I offer face to face and distance treatments like massage, reflexology, Indian head massage, lymphatic drainage, reiki, combined energy healing and intuitive reading, hypnotherapy and psychic online readings and courses.

I use my nursing knowledge to enhance my distance and face to face energy and reiki healings. I scan from head to toes, visualising every organ and tune into the client's needs to direct healing energy where my intuition feels it's most needed. This helps relax, re-energise and dispel unwanted negative energy from the body, mind and soul.

I use my skills of hypnotherapy, neuro-linguistic programming and theta healing to help clients move forward to a life of manageable stress and anxiety levels, and freedom from phobias or negative conditioning from childhood or toxic relationships. To help maintain and reinforce positive results meditation recordings are made and given to clients.

As my holistic skills develop, so do my psychic skills of mediumship. I now get regular input from the spirit and angelic realms. Very often my client's current issues are communicated to me by my spirit team before the client voices them.

I am a firm believer in the less the client tells me, the better they will believe and trust in what I and my tarot cards reveal. Thus as their current life story unfolds with the turning of each tarot card, their predicted future pathway being revealed by the tarot will more likely be acknowledged as truth and followed.

JAN MAUNDER

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www.therapeuticangel.co.nz
021 173 3829

Also at Infinity Spiritual Centre Hamilton



Karyn Janelle Davis

Forward Focus Solutions

I facilitate NLP Trainings, Dynamic Body of Knowledge workshops, skillmills, and support gifted beings who are passionate, energy-aware and ready for their next level growth.

Maybe this is you? You recognise the synergy of potency and transformation nestled within you, yet you seem to be missing it (just a little).

You desire to go from blocked and mistrusting in yourself and your gifts to BEing in confidence with superior trust in yourself and your unique talents, gifts, and abilities to live on purpose with your calling.

In fact – you want more than that – you want to be the magic maker, the transformation agent to work with others.



Do you fit the following criteria:

- Fascinated by developing your multifaceted intelligence (emotional, spiritual, body, energy)?
- Desire to Reconnect with Your TRUE Magical Self?
- Release your Gifts to be aligned and purposeful in application?
- Love learning and desire to know how to apply generative – learning [how to learn, Un-learn at speed and organically]
- Desire GUIDANCE and TOOLS to support your own process of living life on purpose?
- Ready to shift OLD patterns and RE-code into a new expression of SELF?
- Want to learn how to shift your vibration at a CELLULAR level?
- Desire to be SEEN/ HEARD/ RECOGNISED for who you REALLY are?
- Ready to UPGRADE your impact and effectiveness in what you do?

I offer a complimentary 20 minute Magic Heart conversation. We can discover if there is an energy match for us to work together.

KARYN JANELLE DAVIS

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Journey Practitioner with Jo Gordon

I am a Journey Method Practitioner. I know what it's like to feel muted, oppressed and enclosed in grief. But I also know how it feels to burst out of that oppression, like taking a huge gasp of fresh air.

That's why I believe passionately in creating a safe space for people to explore the process of nurturing both body and soul, in a way that promotes wellness.

The more people I spoke to, the more it became clear that everyone has experienced some level of trauma which limits their ability to live life to the fullest.

I've also learned that, for one reason or another, most people just don't allow themselves the space to work through their emotions in a productive way.

I want everyone to be able to experience that "gasp of fresh air" feeling. So, I created Guided by Grace, supporting people to uncover their authentic selves through an empathetic, inclusive process.

A process which empowers people with the qualities they need to release their most authentic selves, gives them hope, and helps them understand that they can move forward in life.

The Journey Method can help you if:

- Fear, anxiety or stress is prevalent in your life
- You're feeling stuck or feel that there's just got to be more to life
- You're facing ill health or ongoing physical issues
- Unhealthy behaviors or circumstances leave you feeling depressed
- You're wanting more fulfilment in a relationship
- You're still searching for your infinite potential

The Journey Method utilises guided meditation style cellular healing. Sessions take 1-2 hours. Appointments are available via Zoom and in person in Hamilton.

JO GORDON

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021 774110
FB: Guided by Grace: holistic healing

Jenni Frampton & Lyn-Marie Moss

Welcome to Spiritplace! Life can be a wonderful journey of twists and turns.

Experiences are put in our way for a reason, be it to just enjoy or to learn. Spiritual mediumship and tarot card readings are uplifting and provide us with direction and healing. They can



help us to unpack and work through the experiences we have in life. Readings can be done in person via Zoom or Facebook messenger if you live overseas or outside the area.

Another event that we run is a psychic supper. These are run once a month and are a great opportunity to connect and receive messages. At a psychic supper, everyone will receive a message either from your guides or loved ones in Spirit. Come along by yourself or bring a friend. Places are limited, bookings are essential.

You can also contact us to enhance your spiritual growth. Jump into a class or a workshop to enhance your skills to become a better psychic medium or healer. Develop your intuition and expand your confidence in your daily life. Workshops and classes are for all levels, absolute beginners to the advanced. Expect to be surrounded by like-minded people as we learn about guides, mediumship, healing and use various tools to expand your awareness.

We look forward to meeting and working with you – contact us today to make a booking or for more information.

JENNI FRAMPTON

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027 452 1827

LYN-MARIE MOSS

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Also at Infinity Spiritual Centre Hamilton

Intuitive Energy Healing with People & Animals

Marguerite is passionate in her calling to create a healing space that assists people and animals to flourish in their lives, and move toward the best version of themselves.

The body, with its innate wisdom and intelligence, has the tools required for healing and creating positive change. The body's natural response is to flow, and thrive.

Using her gifts, Marguerite connects with your innate wisdom. She listens and is guided, as the body indicates the areas and nature of the treatment that is most beneficial. This gentle hands-on approach is guided and involves all aspects of the body, from the cells to meridians and chakras, energy, oxygen and blood flow in the system.

The benefits of this gentle and intuitive healing are many, and facilitate release and change. Some are:

Relaxation * eases fatigue & lethargy * emotional and physical trauma release * energetic shifts * clarity & focus * balance * optimising function * reconnection * peace * wellbeing.

Accelerates physical healing of injuries * post-surgery & illness * easing and eliminating pain and swelling.

As a **Canine Behaviourist** her healing work with animals, predominantly dogs, follows the same intuitive and empathic approach. This includes neuro-fascial bodywork, a combination of hands-on release and mobilisation of core body structures, craniosacral and subtle energy guidance.

Marguerite looks forward to assisting you and your animals through your unique process of change and transformation.

MARGUERITE MARINKOVIC

Intuitive Energy Healing
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021 1688 287

Dog Behaviour & Canine Therapeutic Bodyworker

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www.dogwise.co.nz
021 1688 287

The Path of Kriya Yoga with Kavita Parshotam

Kriya Yoga is an ancient meditation technique. It works with energy in the deep astral spine where the chakras are located.

The Kriya technique was hidden in secrecy for many centuries. The great Yoga Master Paramhansa Yogananda popularised it through his book *Autobiography of a Yogi*.

According to Yogananda, Kriya Yoga is the most effective technique available to mankind today for reaching the goal of Yoga: union with the Divine.

Yogananda says that Kriya Yoga quickens spiritual evolution. One Kriya breath, which takes about 30 seconds, gives you one year's worth of spiritual growth.

The daily practice of Kriya changes you from the inside out. Those things that held you back, soon start to fall away. You reach a point where



you are no longer driven by old habit patterns, but are freer to live in harmony with the universe and with your true soul nature.

The path of Kriya Yoga is very practical in that it helps you become a better person in every way. It brings harmony in your relationships. It enhances your ability to concentrate. It improves your general wellbeing.

You can begin on the path of Kriya Yoga with the *Learn to Meditate* course.

Here you will learn a simple yet effective technique of meditation that was taught by Yogananda. You'll also learn how to establish and maintain a sustainable meditation practice, and how to have deeper, calmer meditations.

Kavita is a lifelong disciple of Paramhansa Yogananda. Using apt metaphors, life experiences and storytelling, Kavita effortlessly weaves the spiritual teaching into daily living.

KAVITA PARSHOTAM

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Lifeforce Foodie!

I love playing around with wholefoods, creating nutrient rich dishes. Adding in beyond organic supplements are essential and now part of our TRUE health regime.

As all life is Resonance, Frequency and Vibration, I implement these Health tools (supplements) that use a unique patented technology, Advanced Resonant Plasma (ARP) Technology.

These three modalities are permanently charged into these Health tools to uplift one's emotional state (as most dis-ease originates from the emotional body), while nourishing and harmonizing the emotional and physical body for rejuvenation.



I am eternally grateful I have these Health modalities available, which we are never without and are truly ahead of their time! Bless our Beloved Creator, The Powers of Nature for the Miraculous Planet and Body Temple we have been gifted.

Playing with Plasma Fields!

While experimenting with GANS (Gas in Atomic Nano State), we have created great success in our orchard (bountiful fruit) using different elements for their health.

With that success, I have created our Wearable 'Vessels of Light'.

Each Vessel emanates Magnetic and Gravitational fields. Your body is a sea of plasma (fields), self-selective, intelligent and will select the fields from the Vessel it needs for added health support.

To learn more, join my newsletter, at the bottom of our home page.

KATHY JUST

info@lifeforcetronics.co.nz

www.lifeforcetronics.co.nz

FB/MeWE – Lifeforce Tonics.

Blessing you with Legions of Light!

Lesley Ormsby Tarot and Oracle

Kia ora, I specialise in helping people Connect and Discover, Heal, Refresh and Flourish through Mediumship, Psychic, Intuitive Tarot & Oracle card readings and rongoā Māori,

Healing sessions may include either energy or bodywork services I provide from chakra and aura, massage, mirimiri, rongoā, sound, psychic and or mediumship, oracle or tarot readings, or mantra/affirmation.

Depending on an individual's requirements to align and calibrate at their natural rhythm a blend may be used to help clear energy centres and fields in and around the body through clearing and decluttering any negative energies, entities, beings or thoughtforms from past lives, past in this lifetime, in the present and what may have been projected into the future.

I offer 3 Levels of Spiritual Development Workshops, Individual or Group mentorship, Meditation groups and soon Healing Retreats.

Mauri Ora

LESLEY ORMSBY

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021 554 867

Also at Infinity Spiritual Centre Hamilton



Namaste Clinic with Shirley Green

Whether your pain is physical or emotional, experience deep relaxation and rejuvenate with a Namaste Remedial or Relaxation therapy, catering for your specific needs.

Shirley Green, Owner/Therapist, has been involved in massage and Natural healing for about 30 years. She offers a wide range of therapies, which can include aspects from the following modalities: Acupressure, Polarity, Reflexology, Aromatherapy, Crystals and Reiki. Intuitive Aura Clearing, Chakra balancing and Alignment are also used.

The therapies are a unique combination of the modalities that are appropriate for you at the time of your visit and always cater for your needs in a consultation ensuring you gain the full benefit of your therapy.

We cater for all ages, babies to all adults.

The Namaste Clinic courses developed from



Shirley's awareness of the need to share the knowledge she had gained, as clients became interested in how she worked with people and put together her therapies.

Anyone can do the courses, no prior knowledge or experience is required. The courses are fun, informative and provide an opportunity to meet like minded people. Learn how to treat yourself, family, friends (or clients if you have your own business). All courses have a manual or notes provided.

- Healing Body Mind & Soul
- Offering Individualised therapies and a range of Courses
- Feeling stressed, tired, lethargic, depressed, lacking purpose, direction and clarity?
- Discover Namaste Clinic – Discover pure Relaxation and Peace while you rejuvenate and restore wellness.

SHIRLEY GREEN

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Quinn Fogg – Refined Body Adjustment

I have been in practice as a natural therapist since 1998, treating a variety of complaints which include headaches, back pain, sciatic discomfort, knee and ankle aches, occupation overuse syndrome and foot problems.

It was in the process of this work that I developed a very soothing, non-invasive technique that is based on the principle that gentle persuasion is more effective than heavy muscle manipulation.

I have found that by being able to integrate my natural healing ability with my other modalities, disciplines and principles I am now able to offer a complementary and non-invasive holistic healing and accelerated recovery process.

Although my experience and practice was based firmly with people, I began to receive enquiries from small and large animal pet owners requesting assistance with various health issues which had arisen with their animals.

From there my animal practice grew to an extent where I now assist dogs, cats, horses and even the odd cow in my refined body adjustment therapy.

QUINN FOGG

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Also at Infinity Spiritual Centre Hamilton



Renee Barrett-Jones Wairua Light

Tihei Mauri Ora!

I start by giving immense thanks to Nga Atua, the gods of above, below, beyond and within. The many universal energies that direct the flow of my Mauri. It is the essence of these energies that have created life force itself. Forever my heart will hold massive gratitude. From the mountain peaks of Tongariro and Tuhua, their waters that stream through the veins of Papatuanuku, hydrating and sustaining our lands, forever providing nutrients and resources for the survival of our physical being.

We each hold great magic deep within, not one being of greater or lesser quality. Equally, individually, personally spun perfectly for the purpose of one's journey.

My haerenga/journey of wairua and energy has been known to me for as long I can remember. I have always been aware of my spiritual connection. The light I hold. The light I must share and the connection to the ones beyond and before me.

Being brought up in Te rohe potae, ki Taumarunui, being well connected to our whenua marae and elders has played a precious tone of music in my life. My father too has passed down his knowledge and the gifts of his experiences with wairua, healing and afterlife.

My soul purpose here on papatuanuku is to collectively rise spiritual vibration. To tautoko/support my brothers and sisters in their connection to healing and awakening their own inner spark. To shine this light upon all life force that reaches my Mauri.

Manaakitanga ki a koutou katoa.

RENEE BARRETT-JONES

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Also at Infinity Spiritual Centre Hamilton



The Native Oracle Te Oranga Turner

“Who are you? I am. We are.” Realignment with the self – what do you need?

Would you like more passion in your life? Would you like to gain access to the vibrational, emotional and eternal being that you are? One that enjoys relaxing into the flow of your creation?

Personalized sessions, healings, retreats and workshops are just some of my passions. Learn how to create, maintain and enjoy a steady, never-ending, constantly unfolding path of new ideas and adventures.

I am a spiritual life coach and healer who uses a diverse range of modalities, such as the Akashic records, card readings, channelling, energy and Quantum healing modalities, Quantum alchemy, color therapy, visualization, intentions, meditation and breathwork, and Access Bars.

With all of these tools I am equipped and continually expanding! I look forward to connecting with you!

QUARTNEY PRETORIUS

Exchange for time: (remote & in person)

\$80 per 30min or \$120 per 60min.

quartney52@gmail.com

text 021 0888 9004 to book a free

15min consultation call!

Also at Infinity Spiritual Centre Hamilton



Aura Photography with Steve Mullan

The Aura camera is the IES Aura Cloud system, which interprets aura-chakra energy by taking electronic readings of your hand.

Aura imaging software processes the data from the hand reading and translates it into visually-engaging graphs and charts.

With this technology, plus my 16 years of interpreting Aura Photos, the session will highlight what is most important in your life at this moment.

Sessions potentially cover topics such as your personality type, what your colours mean for you, areas of learning that would assist your growth, and your chakra energy levels.

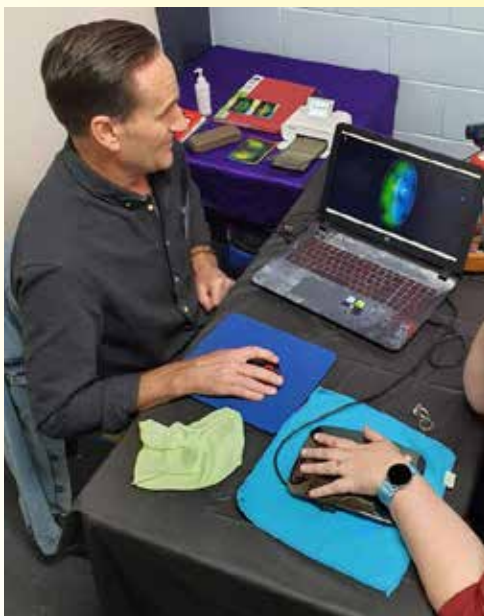
You will receive a single photo provided at the time of session, plus 14 pages of details via email. Choose between a 30 min or 60 min session.

Also Available: Animal Alignment / Business Coaching / Reiki Workshops.

STEVE MULLAN

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Also at Infinity Spiritual Centre Hamilton



Morningstar Reiki with Sue Rhodes

Kia ora my name is Sue Rhodes and I am a Usui Reiki Master.

Reiki is a Japanese healing system that was founded by Mikao Usui. The word Reiki is a combination of two Japanese words, Rei translates as 'spirit or Universe' and Ki translates as 'life force



Energy'. Thus Reiki is energy healing that will bring about balance and harmony.

Reiki is complementary to other forms of healing, both natural and allopathic. Reiki is an experience so everyone will have their own, it is not something I can describe for you as it needs to be experienced by the individual.

Through my own personal experiences I find it helps me enter into a deep state of relaxation in which my body/mind naturally comes into balance.

Some of the benefits of Reiki are stress reduction, replenished energy levels, improvement of sleep, reduction of anxiety and an overall sense of well-being.

My journey with Reiki began when I completed my first level in 2008. Over the years I have learnt with various teachers and in 2019 I started from the beginning doing all my levels and with-in this process gained a great respect for Mikao Usui, the founder.

For me Reiki is about coming home to self, the remembering of your brilliant Light that is always there just sometimes covered over by your experiences and the journey of Life.

SUE RHODES

suerhodes33@gmail.com

Also at Infinity Spiritual Centre Hamilton

Sue Xu Therapy

I am grateful to my ancestors for teaching me the philosophy of being a human being and how to take good care of my health.

In 1992, I came to New Zealand. In 2006, I used my ancestors' medical knowledge to help my ex-husband recuperate from skin cancer.

My specialty is to use the whole traditional face-to-face diagnosis, scraping (Gua Sha), cupping and moxibustion therapy for conditioning and balance.

I also teach my unique skills to help people who need to learn. I use the Book of Changes (I Ching) to help clients deal with emotional problems too.

There are only three things of value in this world: Heaven, man and Earth.

May we all cherish our one-way trip!

Testimonial

Six years ago I had to have an operation on my forehead to get a cancerous growth removed at Waikato Hospital. It was done under local anaesthetic and was very painful. At the time, I was told to come back in ten weeks to have the same operation on the right side of my forehead and was given six different tablets "to be taken daily" from the chemist which I did for approximately two weeks, until I met Sue.

Sue told me to stop the tablets and she gave me treatment, Gua Sha, and an oil to rub on the right side of my forehead which was made from natural herbs. In a very short time, the signs of the cancer had disappeared, to the point where, when I went back to hospital, they could find no traces of cancer left, so did not operate.

That was over five years ago and I have not taken any pills or had any operation since.

— Glenn Scott

SUE XU

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Also at Infinity Spiritual Centre Hamilton



The Native Oracle Te Oranga Turner

Kia Ora e te whanau

My name is Te Oranga Turner and I am from Ōtorohanga, Ko Maniapoto Te Iwi, Ko Tainui Te Waka. I am a reader, a healer and a seeker of truth and my journey started many lifetimes ago.

In this life my work is to give guidance on present issues causing confusion therefore hindering people from their chosen path of abundance.

Getting people connected with their intuitive mind is a part of my practice as well as connecting people with their loved ones in spirit through spiritual channelling.

This is a taonga/a gift that I so passionately share.



Testimonial

I was extremely grateful for the way she approached the reading. It was thoughtful, sensitive and straight to the point and unapologetically kind and gentle. A lot of what was shared in the first set of cards were confirmation of where I understand I am in my healing pathway. The second set of cards were affirmations of where I am heading and decisions I am making. What I truly appreciated as well was the extra guidance extended by tupuna korero.

— Sienna Hamilton-Katene

Words cannot express the gratitude towards the clarity you provided me with today beautiful. Thank you, it was the most in depth reading I've ever had. So many answered questions I've had lingering for so long. Thank you sooo much for your time and energy and willingness to help. Beyond grateful. Highly recommend your mahi hun.

— Lyla Byford

TE ORANGA TURNER

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Also at Infinity Spiritual Centre Hamilton

Vicki Winn Energy Healer

Vicki works intuitively with different vibrational energy healing methods to support you, to clear blockages and dense energy held in your body, mind and emotions. This enables you to come into harmony, balance and healing, and feel more empowered and energised.

I have worked with the First Light flower essences since 2006. I have seen shifts and changes within both myself and clients as the vibrational healing chord within each native NZ plant creates healing and harmony within our energy fields in a gentle yet dynamic way."

Each plant came forward with its own healing vibration to harmonise negative personality, attitudes, feelings, traumas and belief patterns that are held in the subconscious mind.

I intuitively choose a selection of essences for each person and then pass on any messages that come through. Each bottle lasts for a month with drops taken each day. These essences also

work really well for children and pets.

I also offer Usui Reiki treatments which include sound healing with Tibetan bowls, light language and toning.

Reiki is able to relieve stress, anxiety, muscle tension, remove energy

blocks, promote deep relaxation, strengthen the immune system and foster natural self-healing.

Channeled light language clears blocks and distortions in your energy, bypassing the logical mind to speak directly to your physical and spiritual bodies. I am guided by my guides, archangels and ascended masters and also the crystals that I work with regularly.

I work from Infinity crystal shop on Wednesday and Thursday and from home in Hamilton East by appointment.

VICKI WINN

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021 163 8850

Also at Infinity Spiritual Centre Hamilton

ReCode Clearing with Wendy Maggs

Our thoughts, words and feelings are energy, frequency, and vibrations that shape our reality. Life events can cause negative glitches in our thinking and speaking and can crash our dreams as quickly as a pesky virus can mess up our computer.

Recode is a spiritual timeline detox that engages God to scan emotional, spiritual and physical bodies for trapped emotions, hidden glitches and distortions that influence how we see, feel and think about ourselves, others and the world around us.

Love washes away distortions. God's Truth recodes to your original divine self. Parts of you that became stuck emotionally or separated from your core self are integrated, making you feel one. These parts may be influencing your decisions as an adult today.

ReCode is unique and different for everyone. Amazing healing experiences combining Spirit, anointing prayer with Young Living Essential Oils, helping you return to peace and harmony and living life joyfully.

Truth sets you free to be the authentic LIGHT being you were created to be!!

ReCode Your Inner World and Quantum Leap Your Life! 60-90 minute session, \$120.00

- See and feel differently about yourself and others
- Remove mental blocks and stuck!
- Freedom from mind chatter
- Receive your Divine God Truth
- Integration of stuck personality parts
- Clarity and hope for the future
- Feel more joyful, confident, secure
- Feel gathered, grounded and powerful
- Experience oneness with self, others
- Heal trauma triggers
- Stop repetitive negative cycles
- 'Imagineer' your life differently

WENDY MAGGS

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027 383 4203

Also at Infinity Spiritual Centre Hamilton

Carolyn Fox Tranquil Light Medium

I am medium and a healer. Coming from a long line of mediums going back generations, it has been so nice to have the support growing and learning my gifts.

Often people require a healing to enable them to move forward or to receive clear guidance. I work with cards in my readings and healings, often combining both depending on what a person needs.

My readings are done intuitively using messages from spirit, helped along with what I can see in the cards. I check for energy flow through the body and find areas that need focusing on.

Cards and crystals guide and assist in healing. My goal for everyone is to leave feeling refreshed and comforted with a sense of peace and understanding.

In between this breath and another is where our Hearts find the stillness within the song of the Universe.

This is where I will greet you with love's embrace. Whispering our truth, I am not over there, I am here, right where you sit, be present with me and receive my gift.

I am as close as your next breath.

Feel with me, remember your Light, Listen without judgement.

Seeing from within, our hidden faces, hearing our silent message, surrender to her voice.

Bringing you home to Spirit. So you will know there is only this.

— Written for me by Sue Rhodes

CAROLYN FOX

021 453 304

FB: Tranquil Light – Carolyn Fox

Insta: tranquil_light_carolyn_fox

Also at Infinity Spiritual Centre Hamilton



Chrissie Shirley Access Consciousness

Empowering people to know that they know.

Are you looking for a different way of changing what is not working in your life?

Access tools and processes have changed my life enormously. Before I discovered Access Bars (an energy process that releases stress) I was a broken lady.

Would you like to discover how easy it is? Do you have relationship problems? Anger? Anxiety? Depression? Headaches? Upsets? Body issues? Health issues? Job troubles? Scarcity issues? Stress? All of these and more can be changed easily using the processes of Access Consciousness.

Would you like a session over the phone or in person? Would you be interested in learning these energies? The beauty of energy work is you don't use your mind to figure it out, which means that you access your own awareness. Changing energy just requires that you choose to change.

My services include:

- MTVSS (an access consciousness process) for the immune system.
- MTVSS for the whole body (fibromyalgia, exhaustion etc), for more vitality.
- Access energetic facelift for beauty without botox.
- Body processes for relaxing the body and releasing pain.
- Access bars for releasing stress and changing your perspective on life.
- Advanced access classes for changing your whole life.

All of Life Comes to Me with Ease, Joy & Glory

CHRISSIE SHIRLEY

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facebook.com/clearinglives

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Also at Infinity Spiritual Centre Hamilton



The Oracle's Experience

ReCoding with Wendy Maggs

“Reveal the authentic you by ReCoding to your inner truth”

With no idea what ReCoding was, I went into this experience with an open mind albeit a little bit nervous. Held in the healing space at Infinity Spiritual Centre, Wendy was welcoming and comforting as she worked through the ReCoding process.

ReCoding is essentially a method used to channel a person's inner truth. It breaks bonds, traumas, leftover negative energy from the past (from your own life and your ancestors).

The session involved Wendy asking me a series of questions directed by the higher power (God, Goddess, divine light or however you view it), almost like a counselling session. Wendy helped me to listen to and react based on intuition as she was asking me the questions.

My responses came through in a number

ways: words, pictures, and emotional and physical reactions. At times the words I was thinking and the words I said were very different. At other times I saw images and sometimes my body even reacted in a physical way, like the shaking of my shoulder and a pain in my chest. At all times, no matter what happened, Wendy was supportive and embraced the experience with me.

Once the different areas that I wanted help with were identified, Wendy took me through an affirmation prayer. This cut ties with historical patterns and asked for forgiveness from others and myself. This release felt like a huge wave washing over me and all that was left was peace and calm. Yes, there were tears, but at the end I felt very free!

Wendy also works with essential oils which I was gifted at the end of the session to take home.

Overall this was an incredible experience that I would highly recommend. After the session



Wendy sent through a summary of the areas we had worked on and the divine truth that was revealed to me.

Q and A with Wendy Maggs

What services do you offer?

ReCode – Spiritual and emotional detox generating positive and lasting change by ReCoding the distortions of the past back to Truth.

Anointing Prayer with essential oils to help balance and calm body and mind.

Raindrop Technique combines unique, targeted massage with pure, authentic essential oils for a deep harmonising, rejuvenating, and relaxing experience.

iTOVi – Personalised wellness scan that reports which body system and emotions need balancing and products that best match the frequency to help restore balance.

Healy frequency device that scans body frequencies and sends a report of the unique frequencies the body is looking for to bring balance. Scan for which Bach Flowers and crystal frequency are your highest choice.

Healy and iTOVi scans, with two wellness reports, a free essential oil sample of your highest choice oil, purchase crystals.

Why is this work so important to you?

My desire is seeing people live their lives in wholeness and freedom so they can live their

best life!

Could you tell us about how ReCode began?

ReCode is a collection of healing modalities I'm qualified in that form my healing 'tool belt'. These are effective techniques that quickly bring freedom to people who are wanting to transform their lives.

What obstacles did you face to get to where you are now and how did you overcome them?

The main obstacle was myself! As I cleared the junk I'd been believing about myself and the fear of rejection from others, courage and confidence returned, enabling me to remember boldness and to reach out to help others get the results they want!

Who should seek ReCoding as a holistic wellness technique?

All those hungry to shake off old mindsets and the restraints of the past and to advance, improve, and upgrade every aspect of their life.

Could you share a wellbeing tip with the community?

Love yourself!

If you could tell your younger self one thing what would it be?

Always trust the direction of the universe and know you are being divinely guided. Relax, live your life and be joyful!

– Vicki Shannon



Waikato's

LARGEST

Crystal Shop!

Over 200 different Crystals



Jewellery, Incense & Smudging supplies,
Tarot/Oracle Cards, Singing Bowls, Books,
CDs, Kama, Candles, Runes, Salt Lamps,
Dreamcatchers, Gifts, Angels, Dragons,
Fairies & much
more...



Healing Centre - Reiki, Theta,
Traditional Chinese Medicine,
flower essences, Energy clearings,
Access Bars, Mediums, Psychic/
Spiritual and card readings, Yoga, Meditations, Detox
footbaths, Aura Photography, Soul Purpose readings.
Spiritual Classes, workshops including Drum making
and painting.



A.R.K Infinity cafe



hamiltonspiritualcentre.co.nz